

**Catawba Valley Farmers Market**  
4965 Catawba Creek Road, Catawba, VA 24070  
Thursdays, 3 p.m. – 6:30 p.m.  
Rain or Shine!  
**CELEBRATING our 14<sup>th</sup> Season!**



**Come join us on Thursday, September 7<sup>th</sup>, 2023**

**\*\*VETERANS APPRECIATION DAY!\*\***

All Active Military and Veterans will receive a **FREE**  
**\$5 Wooden Token** to spend with our Vendors at the CVFM!  
We thank you for your service to our Country!

**Dean & Laura Bower - Hillside Plants & Produce**

Apples, Sweet Corn, Tomatoes, Cherry Tomatoes, Potatoes, Peaches, Potato Chips

**Frank & Pam Garman - Walnut Hill Farm**

Country Ham Slices & Hocks, Grass-Fed Roasts-Ground Beef, Pork Sausage,  
Applewood Smoked Regular and Pepper Bacon

**Steve & Pam Hall - Hall Gardens**

Delicata Squash, Sweet & Hot Peppers, Hot Pepper Mustard, Pickles,  
Local Honey, Apple Butter

**Alice Ricucci - Bear Tree Farm**

Homemade Blueberry Oat Squares, Lemon Sour Cream and  
Peach Pound Cakes, Apple Cinnamon Cake, Ginger Cookies, Chocolate Chip Cookies,  
Fried Apple Pies, Bowl Koozies, Purses, Table Runners

**Meg Hibbert - The Cookie Lady**

Pumpkin Spice Muffins, Peach Scones & Blueberry Muffins baked w/local Fruit,  
Cinnamon Pecan Rolls, Grandma's South GA Pound Cake

**Lori Lowther - Spring Branch Farm**

Basil Lemonade, Sweet 100 Cherry Tomatoes, Green Goodness Salad Dressing,  
Zucchini Bread, Dried Apples, Salsa, Hot Pepper Jelly, Green Peppers

**Beth Mason - Sweet Tree Botanicals**

Botanical Moisturizers, Face Cleansers & Masks, Foot Cream, Honey Lip  
Balms in Tinted & Natural; Local Honey in Glass & Plastic Bottles;

Last week for Tom's Cigar Box Guitars!

**Rebecca McKeever - McKeever Pottery**

Decorative and Functional Pottery Items

**Mallory Ballard - Ballard Soap Company**

Homemade Artisan Soaps made from skin loving ingredients such as Shea Butter.

Sugar Scrubs: Espresso Scrub, Honey Turmeric Scrub, Peppermint Scrub  
Beeswax candles in cute shapes and containers.

**Valerie Kinzey - Kinzey Farm Sourdough**

Offering artisan loaves baked in small batches!

Pepperoni Mozzarella Rolls, Peasant Loaf w/local organic Wheat, Lemon Blueberry Bread,  
Plain Sourdough - Honey Oat - Rosemary Parmesan - Garlic - Cinnamon Raisin

**Kristy Sowers - Rocky Ridge Farms**

Will not be at the Market this week - she will return on 9/14/23!

**Randi Wines - Roanoke County Public Library**

Will not be at the Market this week - she will return on 9/14/23!

**Jason & Stefanie Sarine - Humble Hen Farm & Nursery**

Jason has finished at the CVFM for this season but please reach out to Jason at [humblehenfarm.com](http://humblehenfarm.com) for all your planting needs!!

We will continue with the 'Wooden Nickel' program - most vendors only accept cash or checks. The Wooden Nickel program allows you to swipe your debit/credit card for a specific amount in exchange for wooden nickels to spend with our Vendors!

**Follow us on Facebook - The Catawba Valley Farmers Market**  
**See our Website - [catawbafarmersmarket.com](http://catawbafarmersmarket.com)**

***The Catawba Valley Farmers Market is sponsored by the Catawba Valley Ruritan Club.***

***For general questions about the Market or about becoming a Vendor, contact Pam Hall, 540.580.1533  
or [catawbafarmermarket@gmail.com](mailto:catawbafarmermarket@gmail.com)***